

February, 2010

Marblehead Public Schools: K-3 Elementary Menu

Kitchen Notes

Lunch tickets are valid for the number of meals purchased.

They can be used any time throughout the school year

Skim milk and 1% milk if offered daily.

Sandwich lunch of the day is listed at the bottom of the date in italics and includes veggies and fruit.

Pizza lunches include side salad or veg. and fruit.

	Monday	Tuesday	Wednesday	Thursday	Friday
1	Ham and Cheese Croissants Peas Fruit <i>Turkey Sandwich</i>	2 Chicken Patties on a roll French Fries Fruit <i>Veggie Sandwich</i>	3 Mac and Meat Sauce Green Beans Fruit <i>Roast Beef Sandwich</i>	4 Roast Chicken Brown Rice Carrots Fruit <i>Ham Sandwich</i>	5 Pizza Carrots Fruit <i>Tuna Sandwich</i>
8	Spagetti and Meat Sauce Green Beans Fruit <i>Turkey Sandwich</i>	9 Chicken Nuggets Rice Corn Fruit <i>Veggie Sandwich</i>	10 Cheese Tortelini Peas Fruit <i>Roast Beef Sandwich</i>	11 French Toast Sticks with Ham Fruit <i>Ham Sandwich</i>	12 Pizza Carrots Fruit <i>Tuna Sandwich</i>
15	FEBRUARY RECESS - NO SCHOOL				
16	FEBRUARY RECESS - NO SCHOOL				
17	FEBRUARY RECESS - NO SCHOOL				
18	FEBRUARY RECESS - NO SCHOOL				
19	FEBRUARY RECESS - NO SCHOOL				
22	BBQ Chicken Rice Corn Fruit <i>Turkey Sandwich</i>	23 Grilled Cheese Potato Puffs Fruit <i>Veggie Sandwich</i>	24 Tacos with lettuce and tomato Cheese Fruit <i>Roast Beef Sandwich</i>	25 Mac and Cheese Green Beans Fruit <i>Ham Sandwich</i>	26 Pizza Carrots Fruit <i>Tuna Sandwich</i>

LUNCH PRICES

k-3 - \$2.50

4-6 - \$3.00

7-12 - \$3.25

Adult - \$3.50