

# March, 2010

## Marblehead Public Schools: K-3 Elementary Menu

**Kitchen Notes**

Lunch tickets are valid for the number of meals purchased.

They can be used any time throughout the school year

Skim milk and 1% milk offered daily.

Sandwich lunch of the day is listed at the bottom of the date in italics and includes veggies and fruit.

Pizza lunches include side salad or veg. and fruit.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	Hot Dog on a roll Baked Beans Fruit <i>Turkey Sandwich</i>	<b>2</b> Chicken Patties on a roll French Fries Fruit <i>Veggie Sandwich</i>	<b>3</b> French Toast Stix and Ham Fruit <i>Chicken Salad Sandwich</i>	<b>4</b> Roast Chicken with rice and mixed vegetables Fruit <i>Ham Sandwich</i>	<b>5</b> Pizza Carrots Fruit <i>Tuna Sandwich</i>
<b>8</b>	Popcorn Chicken with corn and rice Fruit <i>Turkey Sandwich</i>	<b>9</b> Mac and Cheese Green Beans Fruit <i>Veggie Sandwich</i>	<b>10</b> Grilled Cheese Sanwich French Fries Fruit <i>Chicken Salad Sandwich</i>	<b>11</b> <b>PROFESSIONAL DAY NO SCHOOL</b>	<b>12</b> Pizza Carrots Fruit <i>Tuna Sandwich</i>
<b>15</b>	Ham and Cheese Croissant Tater Tots Fruit <i>Turkey Sandwich</i>	<b>16</b> French Toast Stix and Ham Fruit <i>Veggie Sandwich</i>	<b>17</b> Spagetti and Meat Sauce Green Beans Fruit <i>Chicken Salad Sandwich</i>	<b>18</b> Chicken Nuggets Rice Corn <i>Ham Sandwich</i>	<b>19</b> Pizza Carrots Fruit <i>Tuna Sandwich</i>
<b>22</b>	Meatball Subs Green Beans Fruit <i>Turkey Sandwich</i>	<b>23</b> Chicken Dippers Rice Mixed Vegetables Fruit <i>Veggie Sandwich</i>	<b>24</b> Mac and Cheese Peas Fruit <i>Chicken Salad Sandwich</i>	<b>25</b> BBQ Chicken Rice Corn Fruit <i>Ham Sandwich</i>	<b>26</b> Pizza Carrots Fruit <i>Tuna Sandwich</i>
<b>29</b>	Chicken patties with rice Green Beans Fruit <i>Turkey Sandwich</i>	<b>30</b> Grilled Cheese French Fries Peas Fruit <i>Veggie Sandwich</i>	<b>31</b> Chicken Drummies Mashed potato Corn Fruit <i>Chicken Salad Sandwich</i>	<i>Other daily options include: Peanut Butter &amp; Jelly Lunch Chef Salad Lunch</i>	

**LUNCH PRICES**

k-3 - \$2.50

4-6 - \$3.00

7-12 - \$3.25

Adult - \$3.50